

Guidance and information for competing at the Area Festival in the hot weather .

Due to the hot weather forecast over the coming days we wanted to re assure competitors that we have provisions in place for you all.

Our car park has good areas of shade all day .

We have multiple taps available for constant supply of cold water .

Cold water hose area for horses .

We have incorporated into the day a lunchtime arena walk and breaks throughout the day .

Friday ,Saturday and Sunday there will be no lunchtime arena walk to enable us to run continuous tests and finish before the more intense heat.

For competitors we have cold drinks and refreshments available all day .

BCF Saddlery our onsite shop has a good stock of sponges , buckets and electrolytes and fly spray.

Guidance and Suggestions

Make sure you leave plenty of time to travel and compete ,do not rush .

You are welcome to wash your horse off when you arrive after travelling and after competing . A recommendation is to wash your horse with cold water before you start working in as well as after work . It is strongly advised not to sweat scrape your horse after washing but allowing the water to evaporate naturally .

Cold hose muscle mass areas such as neck and rump for best cooling practice .

Prize giving can be attended on foot rather than mounted ,they are not mandatory, placings still stand if competitors do not attend .

Shirts with stock or tie may be worn (no jacket or waistcoat necessary), this is special dispensation from BD head office ,due to the hot weather .

It is important to keep your horse and yourself hydrated in hot weather .

Reduce working in times and add in more walk periods .

We have had hot weather spells on and off for over a month now , horses are more acclimatised at the moment to these periods of hot weather .

Horses have a good thermoregulation system , keep them hydrated and washed off with cold water to aid cooling .

Beware of social media , there are many false stories circulating and do not criticise people for whatever decision they make about competing – we must be respectful of individuals decisions.Please contact us if you require any further information .

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